healthy living healthy planet noturnal awakenings





Energy Medicine Conquering Allergies: No Shots, No Drugs, Non Invasive Allergy Testing

by Mark Joachim

o you or someone you know suffer with 'allergy' symptoms? Have you been told your tests were normal and yet, you still suffer? And even if you know your allergies, are you tired of relying on shots or drugs? What if I told you there is a non invasive computerized testing and treatment method based on traditional Chinese medicine which has the capability of discovering your allergies and neutralizing their effect? Discovering blockages in your energy system can allow you to return to being allergy free.

Welcome to the world of bio-energy medicine and electrodermal testing. Everyone is familiar with allergies, or hypersensitivity to a substance as documented by medical testing. However, some sensitivities are not easily recognized or detectable. Have you heard of an electromagnetic allergy? Since 1982, Cyril W. Smith, M.D. studied the effect of electromagnetic fields on humans and how our internal regulatory systems can be set into chaos by minute quantities of chemicals or energy fields. According to Dr. Smith "the pattern of allergic responses is the same whether the trigger is chemical, environmental, nutritional or electrical." Electrical, you may ask? As stated by one Dr. Hartman, ND, PhD, DHM, "Everything that exists is a form of energy – you, the neighbor's dog, a tree, a rock, a table...[on a microscopic level] the underlying structure of all life is in constant motion...What essentially distinguishes us from a table or a rock in the garden is our energy's rate of vibration." Electrodermal screening diagnoses disease by measuring electrical resistance on the skin. It detects energy/electrical shifts or imbalances at the points or channels of the body known to acupuncturists as meridians.

Imagine every cell moving at a certain rate or frequency. All the cells vibrate at their own rate and then combine to form molecules of varying frequencies. Ultimately, the rate at which a cell vibrates is the sum of its components. As these cells combine they form different components of your body. When electromagnetic vibrations are disturbed in any part of the body, (e.g. organs like the heart, lungs, stomach, or systems such as immune, digestive, or respiratory) the result is dis-order or dis-ease which causes dis-function. Scientific terminology for this phenomenon is "incompatibility of frequencies." Over time, the dis-function will cause your body to express different types of signs and symptoms. Immune system disturbance affects your body's ability to combat the environment and disruption of the digestive tract pre-

healthy living healthy planet noturnal awakenings

feel good • live simply • laugh more

disposes you to food sensitivities or allergies. Therefore, being able to detect any energetic disorder is of extreme importance.

In the 1940's one of the pioneers in this area was Dr. Reinhold Voll from Germany. He was interested in combining the principles of Quantum Physics and traditions of Chinese Medicine. Throughout years of research, Dr. Voll made numerous discoveries. He learned that when an organ's function or structure changes, the performance of the related meridian on the skin surface also shifts, and this electrical action could be measured with a specific device. After discerning the body's ability to conduct energy, he further observed that the device's readings of healthy patients fell within a certain range that was different than those who had conventionally diagnosed diseases. Disturbance in any tissues and organs showed in the corresponding meridian points being tested. Dr. Voll also noticed that when a patient held a sample of a certain remedy in their hand and was tested again the readings indicating an energy imbalance could improve.

Current researchers continue this work. In 1985, S.G. Sullivan and her UCLA School of Medicine colleagues reported in the American Journal of Acupuncture that patients with lung disease, confirmed by chest x-ray, had 30% lower electrical conductivity skin surface readings at corresponding lung meridian points. Research showing organized electromagnetic fields (or bio-fields) extend from our body and intelligently interact with the environment has been performed worldwide by scientists such as German biophysicist Fritz Popp, Ph.D., William Tiller, Ph.D. (Stanford), Valerie Hunt, Ph.D. (UCLA) and former NIH adviser and founder of Temple University's Center for Frontier Sciences, Beverly Rubik, Ph.D.

What occurs with electrodermal screening? Assessment of the body's energy meridians is performed while you sit at a desk with a computer. You hold a small metal bar "connecting" you to the computer. The other hand is used for the actual testing. A pen-like stylus (not a needle) is utilized as an energy receiver and, when gently applied to different acupuncture points on the hand, will record the electrical energy readings and any change in dynamics between the points being tested. Through these skin-level measurements, it is possible to analyze the bio-energy and information produced by your internal organs and systems.

Findings are recorded and examined on the computer. Results indicate if there is an imbalance or disruption of energy in the body, which may suggest sensitivities or intolerances to certain food components, foods or environmental items. It can tell:

• The functional status of meridians and their related organs, systems, or functions, whether they are stressed, balanced, or weakened, and by how much.

• Which specific nutritional products will rebalance meridians.

• If a product you have in hand will bring you to balance.

• If you have specific sensitivities to foods, molds pollens, etc.

• If you have spinal misalignments interfering with your meridian energy flow, and, if so, their location.

Initial testing, which can also be performed on children, lasts up to one hour and follow up sessions are approximately twenty minutes. What amazes patients is that this method of discovering and addressing allergies occurs without the use of shots, needles or medications.

Dr. Mark Joachim has used this technology for over a decade to determine food and environmental sensitivities. He offers a free consultation and works with BioSet allergy elimination technique when results show an imbalance. Dr. Joachim is located at 156 East Avenue in Norwalk. Call 203.838.1555 or visit AllergyEliminationNorwalk.com (free ebook download available), or Eliminate-My-Allergies.com. See ad pg 13.

References used in this article: What Is Energy Medicine and How Can It Benefit Me? BioSET Newsletter, March 2002 Dr. Ellen Cutler. Energy Medicine: The Scientific Basis. Oxford, England: Churchill Livingston, 2000. James Oschman. Jane Hartman, ND, PhD DHM. Radionics & Radiesthesia. Placitas,NM. Aqurian Systems, 1999. Tom Klaber, High Technology Meets Ancient Medicine, Alternative Medicine, March 2002. 92-106.