



What Thousands of Americans are Now Doing to Eliminate Their Allergies and Asthma Without Medications or Injections

Did you realize that more than 50 million people in the United States-yes, that is 1 in 5 people- suffer from allergies and many millions more suffer from allergy related disorders? Asthma, sinusitis, hives, headaches, depression, chronic pain, bronchitis, fibromyalgia, chronic fatigue, candida, bloating and gastric symptoms, colitis, PMS, infertility, menopausal symptoms, ear infections, ADD/ADHD, autism, eczema...The list seems never ending when one thinks about the many ways that food, environmental and chemical allergies and sensitivities can manifest themselves in our bodies.

What is an Allergy?

An allergy is an abnormal, adverse physical reaction of one's body to certain substances known as antigens. Virtually any substance can cause an allergic reaction and the most common allergic substances include pollen, dust mites, animal dander, mold, insect venom, certain chemicals, medication (such as penicillin) and foods. The most common food offenders are dairy, peanuts and other nuts, fish and shellfish, eggs, wheat, and soy. Allergens can affect the body by way of ingestion, inhalation, contact on the skin, or injection and can involve any part of the body.

Allergies can arise suddenly and create acute symptoms such as hives, difficulty breathing, or anaphylactic shock or they can be chronic and persist with a runny nose, cough, and "bags" under the eyes.

Even more ominous are the allergies that are actually "hidden or undiagnosed" and often create chronic health conditions that can range from migraines to eczema to gastric reflux to depression. It has been stated that if one parent has allergies, there is a 75% chance of their children having allergies, and if both parents have allergies there is close to a 100% chance for their children to develop allergies.

Allergies can be classified as "acute" or "immediate" in which symptoms appear within seconds after exposure to an allergen or they can be "delayed". "Delayed" reactions are very common with foods and can occur hours or even days after exposure to an allergen because the allergen is not necessarily the food itself, but it can be a by-product of the digestive process.



Asthma and eczema are commonly classified with allergies as "Atopic Disorders". Atopic disorders account for a majority of the chronic diseases affecting millions of Americans today, especially children, and billions of dollars are spent on treatment annually. Many people who develop asthma

often begin with eczema during infancy or early childhood. Other conditions associated with asthma are chronic bronchitis, chronic sinusitis, chronic allergic rhinitis, and chronic ear infections.

Advances in Health Care

Even with all of the “advances” in modern medicine and technology, it seems as if our present health-care system is continuing to break down. Health care costs are on a continual rise, insurance coverage is declining, and patients are not feeling well. In fact, most of us are getting frustrated as we witness an increase in chronic health problems like allergies and asthma, cancer, chronic fatigue, arthritis, autoimmune diseases, etc. Now, more than ever, Americans are searching for answers that are not found in a drug or with a surgical procedure.



“Alternative health-care” is what many Americans are turning to and according to recent statistical research, they are willing to pay more for it “out of pocket” than for traditional medical care. These alternatives to medicine include chiropractic, acupuncture, naturopathy, homeopathy, herbal medicine, massage therapy, nutritional therapy, and enzyme therapy just to name a few. The common denominator with all of these approaches is that they try to **get to the cause of “dis-ease”** in an individual’s body, rather than just treat the obvious symptoms. For example, rather than give an individual with a food allergy that presents itself on the skin as hives an “anti-itch cream” and tell them not to eat that food anymore, why not try to find out how to naturally desensitize their system to that food and “cure the allergy” so they can continue to eat it without getting hives?

Allergy Elimination is Possible (without relying on medications or injections)!

BioSET (Bioenergetic Sensitivity and Enzyme Therapy) can do just that! BioSET was developed by Dr. Ellen Cutler, who is a medical doctor, chiropractic physician, and naturopathic physician. BioSET is a revolutionary process of healing that assists in building bodily strength and vitality by incorporating 21st century technology with the essential practices of acupressure, kinesiology/muscle testing, energy medicine, applied immunology, detoxification, chiropractic, nutrition, and enzyme therapy. With BioSET patients can permanently eliminate allergies and sensitivities as well as many chronic health problems and provide the necessary tools for obtaining and maintaining optimal health, without medication.

BioSET consists of four branches of healing. The first branch is organ detoxification to enable true drainage and purification of toxins from specific organ systems. The second branch is bioenergetic testing which involves the use of muscle testing and/or electromagnetic testing with a state-of-the-art computerized machine for sensitivity and meridian evaluation. The third branch involves enzyme therapy which incorporates proper digestion, metabolic and nutritional analysis and the use of plant enzymes to improve digestion and dietary deficiencies. Lastly, the fourth branch involves the use of an allergy elimination technique that can permanently remove any allergy or sensitivity.

To understand how BioSET works, it is helpful to think of the body as an electromagnetic organism in which energy flows along invisible pathways called meridians, or channels. Essentially, an allergic response is caused when these pathways are blocked by the immune response to an allergen. BioSET actually unblocks these pathways, thus stopping the body’s violent immune response.

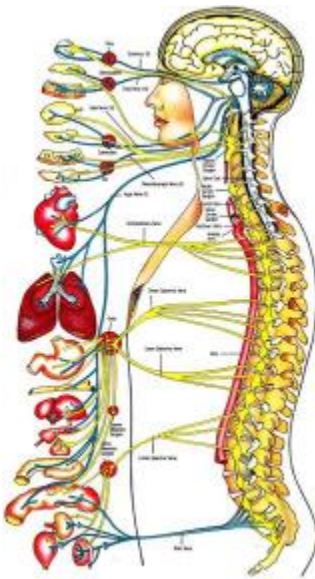


Dr. Joachim, a Norwalk Chiropractic Physician for more than 20 years, is the only physician in Connecticut with advanced certification in BioSET. Dr. Joachim's experience with BioSET's amazing results began when he was in search of a cure for eczema that was affecting Alana, a 15 month-old patient. This little girl is a beautiful redhead whose skin in the areas of her abdomen and diaper region was often so irritated from eczema that it was often redder than her hair. Dr. Joachim realized that when Alana (or her mother who was nursing) ate certain foods, such as strawberries, her eczema immediately flared up. Dr. Joachim did 5 BioSET treatments on Alana and added a digestive enzyme to her juice twice a day for one month and Alana's eczema was gone! Alana is now 11 ½ years old, has never had another spot of eczema on her body, and she has never been limited in the foods she eats. Dr. Joachim was thrilled because this little girl is his youngest daughter! His success with Alana inspired Dr. Joachim to dedicate a large part of his chiropractic practice to helping other children and individuals benefit from the BioSET Total Health Care System.

The Benefits of Chiropractic Care

We all know that traditional medical treatment for allergies, asthma and eczema includes the use of medications such as bronchodilators, steroids, anti-histamines and allergy shots. It is without question that medications can save lives; however, as with all medications, there are always adverse effects. In fact, according to Dr. Michael Kaliner, Head of Allergic Disease Section, National Institute of Mental Health, "a focus on bronchodilators as the only therapy (for asthma) is inappropriate. It is symptomatic therapy that has nothing to do with the healing process." Thus, the focus of medical science is beginning to shift away from attempts to contain symptoms of asthma and allergies to exploring the controlling mechanism as a means of solving and preventing asthma and related respiratory conditions.

Chiropractic care is another non-invasive health care treatment for allergies and asthma and there is mounting clinical evidence that it may offer significant relief. The science of chiropractic is founded on the premise that a proper nerve supply is essential in controlling and regulating bodily function. The nervous system is protected by the spine, consisting of 24 movable vertebrae. When the spine is in its proper position, it protects the nerve pathways. But when vertebrae become misaligned, interference to the nerve impulses occurs which reduces the overall functioning of the nervous system and of the particular organ to which it is assigned. These misalignments are known as "vertebral subluxations." Doctors of Chiropractic detect and correct vertebral subluxations (misalignment in the spinal bones) by physically adjusting the spine. This restores the nervous system to an optimal level of function, which maximizes the body's inherent healing ability.



According to Dr. Risa Sloves, 1 of 10 Chiropractic Physicians in CT who is Board Certified in Pediatric and Maternity Care, a properly functioning nervous system should be among the first priorities in solving many health conditions such as asthma and allergies since it is the nervous system which controls all of our bodily functions. In 1997, The Journal of Vertebral Subluxation Research published a study on children with asthma, and 90% of the subjects reported significant improvement in symptoms following two months of chiropractic care. Additionally, 30% of the subjects chose to voluntarily decrease their medication by an average of 66% while under chiropractic care. This study concluded that chiropractic care, for the correction of vertebral subluxation "is a safe non-pharmacologic health care approach which may also be associated with significant decreases in asthma related impairment..." A 1988 study concluded that patients who were young at the time of asthma onset were most likely to benefit from chiropractic spinal adjustments and improvement was generally reported after an average of five treatments.

And further studies in the *Journal of Vertebral Subluxation Research* has found that "significant positive changes" in breathing capacity and lung function occur under chiropractic care.

Dr. Risa Sloves practices with her husband Dr. Mark Joachim at their office Associates in Family Chiropractic and Natural Health Care, P.C. located at 156 East Ave. in Norwalk, CT. Dr. Sloves has been helping infants, children and adults obtain optimal health through natural chiropractic and wellness care for over 20years and she is 1 of only 10 Chiropractic Physicians in Connecticut who is Board Certified in Pediatric and Maternity Care. Dr. Joachim is the first and only physician in CT with Advanced Certification in The BioSET Allergy Elimination Technique, a non-invasive, drug-free and shot-free health care method that can permanently eliminate food and environmental allergies. They also are trained in Spinal Decompression with the DRX9000 and acupuncture. Should you have further questions please contact the doctors at (203) 838-1555. More information is available at www.ctchiropractic.com, www.eliminate-my-allergies.com, or www.ctspinalpaincenter.com.