

The following article is being submitted in response to your recent article in the Connecticut Post Thursday, December 29, 2005 "An alarming rise in food allergies among kids has parents questioning...What's safe to eat? by correspondent Meg Barone.

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A Drugless Cure for Food and Environmental Allergies: What thousands of Americans are now doing to permanently eliminate their allergies without medications or injections

Asthma, sinusitis, hives, headaches, depression, chronic pain, bronchitis, fibromyalgia, chronic fatigue, candida, bloating and gastric symptoms, colitis, PMS, infertility, menopausal symptoms, ear infections, ADD/ADHD, autism, eczema...The list seems never ending when one thinks about the many ways that food, environmental and chemical allergies and sensitivities can manifest themselves in our bodies.

It is estimated that more than 35 million people in the United States suffer from allergies. An allergy can arise suddenly at any time without prior warning and create acute symptoms such as hives, difficulty breathing, or anaphylactic shock or they can be chronic and persist with a runny nose, cough, and "bags" under the eyes. It has been stated that if one parent has allergies, there is a 75% chance of their children having allergies, and if both parents have allergies there is close to 100% of a chance of the children developing allergies.

An allergy is an abnormal, adverse physical reaction of one's body to certain substances known as antigens. When exposed to allergens, allergic individuals develop an antibody reaction with immunoglobulin E which then causes the release of histamines that produce the symptoms of allergies (hence, the use of antihistamines to help control the symptoms). Allergic substances can be nontoxic such as foods, grass, dogs, and pollen or they can be toxic such as chemicals and fumes. Individuals who are not allergic will not react, but those who have developed an allergy will react to even minute quantities of the allergen.

Virtually any substance can cause an allergic reaction in certain people. The most common allergic substances include pollen, dust mites, animal dander, mold, insect venom, certain chemicals, medication (such as penicillin) and foods. The most common food offenders are dairy, peanuts and other nuts, fish and shellfish, eggs, wheat, and soy. Allergens can effect the body by way of ingestion, inhalation, contact on the skin, or injection and can involve any part of the body.

Allergies can be classified as "acute" or "immediate" in which symptoms appear within seconds after exposure to an allergen or they can be "delayed". "Delayed" reactions are very common with foods and can occur hours or even days after exposure to an allergen because the allergen is not the food itself but a by-product of the digestive process.

Even with all of the "advances" in modern medicine and technology, it seems as if our present health-care system is continuing to break down. Health care costs are on a continual rise, insurance coverage is declining, and patients are not feeling well. In fact, most of us are getting frustrated as we witness an increase in chronic health problems like allergies and asthma, cancer, chronic fatigue, arthritis, autoimmune diseases, etc. Now, more than ever, Americans are searching for answers that are not found in a drug or with a surgical procedure.

“Alternative health-care” is what many Americans are turning to and according to recent statistical research, they are willing to pay more for it “out of pocket” than for traditional medical care. These alternatives to medicine include chiropractic, acupuncture, naturopathy, homeopathy, herbal medicine, massage therapy, nutritional therapy, and enzyme therapy just to name a few. The common denominator with all of these approaches is that they try to get to the cause of “dis-ease” in an individual’s body, rather than just treat the obvious symptoms. For example, rather than give an individual with a food allergy that presents itself on the skin as hives an “anti-itch cream” and tell them not to eat that food anymore, why not try to find out how to naturally desensitize their system to that food so they can continue to eat it without getting hives?

BioSET (bioenergetic sensitivity and enzyme therapy) can do just that! BioSET was developed by Dr. Ellen Cutler, who is a medical doctor, chiropractic physician, and naturopathic physician. BioSET is a revolutionary process of healing that assists in building bodily strength and vitality. It is a complete healing system that assists in building bodily strength and vitality. It is a complete healing system that incorporates 21st century technology with essential practice of acupressure, kinesiology/muscle testing, energy medicine, applied immunology, detoxification, chiropractic, nutrition, and enzyme therapy. With BioSET patients can permanently eliminate allergies and sensitivities as well as many chronic health problems and provide the necessary tools for obtaining and maintaining optimal health, without medication.

According to Dr. Cutler, BioSET consists of four branches of healing. The first branch is organ detoxification to enable true drainage and purification of toxins from specific organ systems. The second branch is bioenergetic testing which involves the use of muscle testing and/or electromagnetic testing with a state-of-the-art computerized machine for sensitivity and meridian evaluation. The third branch involves enzyme therapy which incorporates proper digestion, metabolic and nutritional analysis and the use of plant enzymes to improve digestion and dietary deficiencies. Lastly, the fourth branch involves the use of an allergy elimination technique that can permanently remove any allergy or sensitivity.

To understand how BioSET works, Dr. Cutler states that it is helpful to think of the body as an electromagnetic organism in which energy flows along invisible pathways called meridians, or channels. Essentially, an allergic response is caused when these pathways are blocked by the immune response to an allergen. BioSET actually unblocks these pathways, thus stopping the body’s violent immune response.

Dr. Joachim, a Norwalk Chiropractic Physician for more than 19 years, has been trained by Dr. Cutler and is currently the only physician in Connecticut with advanced certification in BioSET. Dr. Joachim’s experience with BioSET’s amazing results began when he was in search of a cure for eczema that was affecting Alana, a 15 month-old patient. This little girl is a beautiful redhead whose skin in the areas of her abdomen and diaper region was often so irritated from eczema that it was often redder than her hair. Dr. Joachim realized that when Alana ate certain foods her eczema immediately flared up. Dr. Joachim did 5 BioSET treatments on Alana and added a digestive enzyme to her juice twice a day for one month and Alana’s eczema was gone! Alana is now 10 ½ years old, has never had another spot of eczema on her body, and has never been limited in the foods she eats. Dr. Joachim was thrilled because this little girl is his youngest daughter! His success with Alana inspired Dr. Joachim to dedicate a large part of his chiropractic practice to helping other children and individuals benefit from the BioSET Total Health Care System.

For almost 10 years, Dr. Joachim has helped hundreds of individuals from infants to senior citizens permanently eliminate their food and environmental allergies and many associated chronic health conditions without the use of any medications or injections. “The beauty of BioSET” Dr. Joachim states “is that the testing and treatment is completely non-invasive and extremely effective in allowing patients to return to eating the foods they love without the side effects.”

If you have questions, please call Dr. Joachim at his Norwalk office (203) 838-1555 or email him at rsmjchiro@sbcglobal.net.